Ancient Greeks fell in love with their land the blue Sea and the warmth of the Sun that provided them with food all year round. To show their gratitude, they developed myths and told stories of a female deity called GAIA, the mother of all life.

Greeks believe that good company makes a meal taste even better. The magic of their cooking combines ingredients memories, new ideas and the warm feeling of sitting around a table. Sharing food is considered a therapeutic time of day where families can maintain their values and rituals giving them an opportunity to talk and reflect.

# ALIFES / SPREADS

**Taramasalata 50** Smoked cod roe, lemon zest, koulouri bread (D)(G)

## OMA / RAW

**Tonos Me Troufa Light Smoked Tuna 145** *Lightly smoked tuna carpaccio, black truffle dressing (G)* 

### Tonos Tartar / Tuna Tartar 150

Tuna tartar, shallot mix, taramasalata, toasted koulouri bread (G)(D)

### Lavraki Marine / Sea Bass Ceviche 95

Seabass ceviche, pear, confit tomatoes

### Stridia / Oysters Market Price Per Piece

Gillardeau n.2 **70** Gillardeau n.5 **55** 

### Tsipoura / Sea Bream Carpaccio 180

Whole sea bream carpaccio (G)

# MEZEDES / STARTERS

**Zucchinni Freres Zucchinni Tempura 60** Zucchini tempura with tzatziki (V)(D)(G)

**Dolmadakia / Stuffed Vine Leaves 50** *Stuffed vine leaves with rice, herbs and yogurt (D)(N)(V)* 

**Tiropita / Cheese Pie 120** *Ksinomitzithra, graviera cheese anthotyros, goat cheese and black truffle (V)(D)(G)* 

**Spanakopita / Spinach Pie 70** Spinach and feta cheese pie (V)(D)(G)

**Varelisia Feta Psiti / Baked Feta Cheese 70** Barrel aged feta, baked with honey and nuts (V)(D)(N)

**Mousakas / Moussaka 85** Grilled aubergine, minced beef, potato, bechamel, nutmeg and graviera cheese (D)

**Tiganito Kalamari / Fried Calamari 125** Fried calamari, sweet peppers and spiced emulsion (G)

Melitzanosalata 50 Smoked aubergine, tahina, sourdough (N)(V) **Tzatziki 50** Greek yogurt, garlic, cucumber, olive oil, dill, Pita (D)(V)

# SALATES / SALADS

**Choriatiki Salata / Greek Salad 65 / 135** *Mountain tomatoes, barrel aged feta and homemade pickled olives (V)(D)* 

**Karpouzi Salata / Watermelon Salad 75** *Watermelon, feta, almonds, basil and mint (V)(N)(D)* 

**Astakosalata / Lobster Salad 135** Lobster, baby gem, asparagus, red onion and light mayo dressing (D)(S)

Salata Kolokithi / Zucchini Salad 75 Mint, pistachio and tyrokafteri (V)(N)(D)

**Chtapodi Sti Schara Grilled Octopus 145** *Grilled octopus with fava puree (D)* 

Kalamari Sti Schara Grilled Calamari 135 Grilled calamari, lemon, capers, herbs, chili

Garides Saganaki Prawns Saganaki 125 Add feta cheese 25 Prawns, tomato sauce, garlic and basil (N)(D)(S)

**Keftedakia Greek Style Meatballs 90** Beef kofta with mint, tomato sauce and yogurt (N)(D)(G)

Garides Ston Ksilofourno Wood Oven Prawns 125 Rosemary, harissa, lemon juice, chili, olive oil (S)

## FROM THE SEA

Our Chefs will recommend the appropriate cooking technique to suit the unique quality of each fish. Our selection of whole fish are sold by the kilo at market price.

Raw

Fish of your choice thinly sliced

**Grilled** Simply grilled in the charcoal oven with lemon oil

> **Baked Ala Speciota** With spiced tomato and Greek herbs

**Salt Crust** *Steamed in salt crust with sage and orange zest* 

Harissa Style Rosemary, garlic, chili, olive oil and lemon juice

**Pan Fried** Lemon juice, dill, capers and dry tomatoes

> **Deep Fried** With Condiments

# KIRIOS PIATA | MAINS

**Astakomakaronada / Lobster Pasta 390** Lobster linguini with cherry tomato sauce (D)(G)(S)

#### Kritharaki / Orzo Seafood Pasta 195

Kritharaki pasta, calamari, prawns, and clams with red sauce (D)(G)(S)

### Gemista / Stuffed Vegetables 130

With rice herbs and feta cheese (V)

#### Makaroni me Mavri Troufa Black Truffle Pasta 330

Rigatoni pasta with cream sauce and truffle (D)(G)(V)

**Psito Kotofoulo / Roasted Chicken 285** Half chicken Lemon, manjoram, garlic and parsley salad

## SIDES

**Patates Tiganites / French Fries 50** Homemade fries with oregano (V)

**Rizi / Basmati Rice 40** Olive oil, garlic, chives and sumac (D) **Spalomprizola / Rib Eye 355** 300gr grilled rib eye (N)(D)

Katsikaki / Baby Goat 475 500gr slow cooked baby goat in our wood oven with Basmati rice (D)

Paidakia Arnisia Lamb Cutlets 295 350gr lamb cutlets, pita bread and tzatziki (D)(G)

**Mpriam / Baked Vegetables 45** *Cherry tomato sauce and basil (V)* 

**Brokolo / Broccoli 45** *Chili, garlic and lemon oil (V)* 

